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## **Organizational Mission, Values, and Vision**

<u>Mission Statement</u> - The Adams County Juvenile Detention Center aims to provide a safe, secure, and structured environment, wherein qualified professionals utilize evidence-based practices to guide youth toward developing and sustaining prosocial attitudes and behaviors. We emphasize accountability while recognizing the inherent worth of each individual, their potential for personal growth, and their ability to make positive contributions to their community.

<u>Values Statement</u> – The values we **promote** among our staff and resident culture have a profound impact on our success.

Patience – Anticipating that each individual is unique and develops at their own pace.

**R**ecognition – Acknowledging progress in all of its forms.

**O**pportunity – Creating an environment that allows youth to learn and demonstrate positive behaviors.

**M**odeling – Living the example that we want our youth to follow.

**O**bjective – Viewing the world through the lens of reality.

**T**rust – Building rapport and developing collaborative relationships toward a shared goal.

**E**mpathy – Attempting to understand others' thoughts and feelings is the first step toward helping them.

Vision Statement – Protecting Our Communities by Changing Lives



### **Resident Programming**

#### **Behavior Modification Program:**

Our behavior modification program is built on the cognitive model of Psychology, more specifically Cognitive Behavioral Therapy (CBT). CBT operates on the fundamental assumption that thinking and attitudes influence our behavior, and therefore we can change behavior by changing thought patterns and attitudes.

We challenge our residents to pay attention to the thought patterns they have and the behaviors and consequences that result from them. This further challenges the residents to reduce the "automatic" thinking they have in response to a given situation and recognize the thoughts that have put them at risk to doing something hurtful or irresponsible.

The first component of the behavior modification program involves extinguishing negative thinking and behaviors. This is done using a system of timeouts, which are issued immediately following behavioral infractions and are designed to isolate the resident from all external stimuli. The second component involves reinforcing positive thoughts and actions. Here, residents earn behavioral points and achieve self-determined behavioral goals that allow a resident to progress through a level system earning additional privileges. Staff are also encouraged to use verbal praise and award credits, tangible tokens which can be spent at our commissary, as immediate encouragement for behavioral progress. The final component consists of teaching residents the cognitive behavioral skills necessary to make better choices. This is achieved through the use of focus groups – discussions and lessons facilitated by staff to teach restorative justice, decision-making, and self-awareness using an evidence-based curriculum, CBT 2.0. For more in-depth information on CBT 2.0, click <u>here</u>.



#### **Therapeutic and Supplemental Programming:**

In addition to regularly scheduled programs and activities, local educators and volunteers from community organizations give their time and efforts to offer instruction in their areas of expertise. Grant-funded programs include art therapy, yoga, and dance. Therapeutic programs such as these introduce the residents to creative outlets that help them to manage and express their emotions.





Our facility also partners with the Illinois Department of Employment Security to teach the residents valuable occupational skills. Many of our youth will be entering the workforce soon. Preparing them to obtain and maintain employment will be an important factor in helping them to avoid criminogenic thinking and behaviors.



#### **Religious Programming:**

Once per week, all residents are given the opportunity to participate in a non-denominational Bible study and discussion group. The group is facilitated by volunteers from the Cathedral of Worship in Quincy, IL. The discussion is centered on how the events and lessons from the Bible are applicable to the residents' lives today.

Every month, members of the Oakview Mennonite Church in Edina, Missouri visit our facility to meet with the residents and give group presentations. The presentations consist of scriptural readings, hymns, and discussion time.

Participation in religious programming is optional for our residents and alternative activities are made available. Those who do choose to participate are held to the same behavioral expectations that we have for all activities, including attentiveness, respectful behavior, and active involvement.

## **Resident Education Services**

Within the Adams County Juvenile Detention Center, the Quincy Public School District operates a fully accredited educational program in which all detained residents participate. The facility consists of a classroom, a computer lab, and a large open area that is useful for group lessons or activities. The QPS staff obtains the necessary information from the youth's home school or district, ensuring that they have the opportunity to continue their education throughout their time at our facility. All work completed in the Educational Program will receive appropriate credit recognition by the youth's home school district.

The school day operates from 8:30a-2:30p and the annual calendar is synchronized with that of the Quincy Public School District. While attending school, all residents are held to the same behavioral expectations and practices that guide our behavior modification program (link to tab about behavior mod program). Detention staff are present throughout the day to provide supplemental supervision and guidance. Our facility emphasizes the impact that educational success can have on our resident's future opportunities. Therefore, we aim to create an environment that facilitates both academic and prosocial development.





# **Medical/Mental Health Services**

All residents undergo medical and mental health screenings upon admission to our facility. These screenings allow the youth to self-report their medical history, including prior or current conditions, injuries, diseases, and prescribed medications.

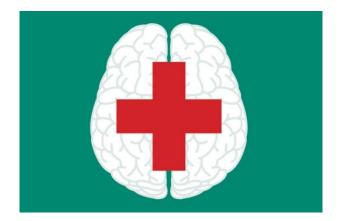
Upon admission, detention staff makes arrangements to obtain the youth's prescribed medication from the legal guardian or previous caregiver. Once obtained, medication is administered, refilled, and reordered in accordance with the prescribing physician's directives.

In the event of a minor injury or illness to a youth, over-the-counter medications, treatments, and supplies are readily available. Detention staff is certified in First Aid/CPR, including use of the facility's Automatic Electronic Defibrillator (AED). For severe injuries or medical emergencies, staff will notify parents or legal guardians and may transport the youth to the Blessing Hospital emergency room or walk-in clinic.



Our facility coordinates with the Adams County Health Department to provide all youth with an initial medical exam within one week of being detained.

Individual or group counseling will be provided by Adams County Juvenile Detention Center's Therapist Malinda Vogel MA, LCPC and her associates. This process will also include family and follow-up aftercare as needed.



# **Dietary and Nutrition**



All residents are served three complete meals daily in addition to an evening snack. Our facility coordinates with the Illinois State Board of Education to ensure that our meals comply with designated nutrition standards and portion sizes. During meals, residents are expected to exhibit appropriate table manners, be appreciative toward kitchen staff, and leave their table and area clean.



# **Resident Recreation**

All residents are given the opportunity to participate in a variety of physical and recreational activities with their fellow residents. Our multipurpose room includes ping pong, foosball, a Wii gaming system, puzzles, board games, and gaming tables.



Our facility contains two outdoor recreation areas that allow for playing kickball, soccer, football, wiffleball, Frisbee, basketball, and other activities while enjoying the outdoors.





Our indoor gym features a basketball half-court and retractable volleyball net.



These physical recreation areas provide important opportunities to engage in exercise that helps to relieve stress and clear their minds. Access to recreational and multipurpose room activities is contingent upon a resident's behavioral level within the level system of our behavior modification program (link). We grant all residents the amount of recreation to maintain physical and social health recommended by state standards. However, additional recreation time and activities can be earned through consistently compliant behavior and interaction. During all recreational activities, we expect the residents to display positive conduct, including sportsmanship, teamwork, and supporting one another.

# **On-site Behavioral Treatment Program**

The Adams County Juvenile Detention Center's Treatment Program is a 30-day program that residents are ordered to complete as part of a comprehensive sentencing order. Our primary goal is to work with the resident to address specific problematic behaviors with the ultimate goals being behavior management and the productive reintegration of the resident into the community. We will schedule a variety of activities to promote each resident's personal growth, physical fitness, wellness and self-awareness. The scheduling of activities is designed to keep residents active for the time they are in the general population. All scheduled activities will be structured and well defined, providing consistency for each resident.

### **Treatment Coordinators:**

Each juvenile placed in the Treatment Program will be assigned an individual Detention Officer as their Treatment Coordinator. The Treatment Coordinator will schedule an Initial Staffing wherein the resident's guardian(s), probation officer, teachers, counselors, and other stakeholders will discuss the treatment plan and what resources it will require. The Treatment Coordinator will also serve as the program's contact person for parents, probation personnel, and staff from other agencies.

#### **Program Components:**

The program consists of both individual and group counseling. Family counseling is also provided should it be deemed necessary or appropriate.

Group sessions are conducted by Adams County Juvenile Detention Center Therapists and cover modules from the Power Source and Anger Management for the 21st Century curriculums.

The resident will also participate in individual sessions covering four sequentially ordered modules from the Thinking for Change curriculum conducted by the resident's individual treatment coordinator.



## **Facility Information and History**

The Adams County Youth Home opened in 1963 as a group home for troubled children. Small housing units allowed for "house parents" to live in the facility and serve the children's needs for guidance and stability. The youth home closed in the early 1970's and reopened a few years later as a secure detention facility for adolescents ages 11-17. The youth home maintained said operations until the close of the century. In order to strengthen security and improve the quality of programming services, Adams County commissioned the design and construction of a new facility during the late 1990's. Construction of the new building began in 2000, and the Adams County Juvenile Detention Center was dedicated on February 11, 2001. The 21,300 square-foot facility contains 32 individual resident rooms and features classrooms, indoor and outdoor recreation areas, dining facilities, and state-of-the-art safety and security features.

Detention is reserved for juveniles ages 11-17 who have allegedly committed a criminal offense. The decision to detain must be authorized by a Probation Officer who considers various risk factors, such as the nature of the offense, previous contacts, and placement alternatives. In addition to Adams County, we contract to provide detention and transport services to 11 surrounding counties, including 3 counties in Missouri.



# For Parents and Legal Guardians of Our Residents

Detention center residents earn privileges by advancing within the behavioral level system. Resident behavioral levels are determined every Saturday based on the resident's ability to meet behavioral expectations and achieve their weekly goal during the previous week.

	Phone calls	Visits	Stamps
Level 1	Tuesday & Thursday 5:15p – 6:45p	1 per week	3 per week
Level 2	Monday/Wednesday/ Friday 5:15p – 6:45p	2 per week	5 per week
Level 3	Monday through Friday 5:15p – 6:45p	3 per week	7 per week

Phone call, visiting, and mail privileges are granted as follows:

Phone calls with residents may last up to 15 minutes.

Visits with residents may last up to 30 minutes for Adams County visitors or 60 minutes for out-ofcounty visitors. Residents on Level 2 or 3 may purchase phone calls and visits in addition to the ones granted by their behavioral level status.

# Only authorized parents, grandparents, foster parents, step-parents, or legal guardians may participate in phone calls and visits. Any abuse of privileges by parents or residents may result in temporary suspension of said privileges. All written correspondence must pass through registered mail with the USPS. Incoming mail may be inspected for contraband and prohibited/inappropriate content.

- All residents are provided with everything they will need during their time at our facility, including clothing and hygiene supplies. Appropriate clothing for court hearings may be brought in by parents/guardians.
- All books given to residents remain in the facility permanently, with the exception of personal religious texts.
- Parents/guardians may provide a resident with additional stamps enabling them to send more outgoing mail. The number of stamps mentioned above is provided by the facility.
- Parents/guardians must get approval from detention center staff to provide a baked good (cookies, cupcakes, cake) for their child's birthday. The baked good must be store-bought and delivered to the facility sealed in its original packaging. The baked good must contain enough servings to feed the current population of residents. At no other time are parents/guardians allowed to provide any resident with food or drink.
- The detention center is court-ordered the right to provide consent for medical treatment of our residents. Any medical appointments must be approved and scheduled by detention center staff and medical personnel.
- For questions regarding any aspect of your child's detention, please call (217) 277-2233.